Abound Parenting-ABRSD News

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- This week's academic vocabulary word is PHYSICAL. Here are 2 ways to give your child extra opportunities to hear and use the word PHYSICAL!
 - ◆ If you wanted to play a game that was PHYSICAL, a game that you are likely to run into other players, what are some things you could wear to protect yourself? Would you want to play in a game that is going to get PHYSICAL?
 - ♦ If you could be good at a **PHYSICAL** activity that you could do on your own, like running, hiking, or swimming, which activity would you choose? Why? How would you get good at that **PHYSICAL** activity?
 - Remind your child that the word PHYSICAL means having to do with your body.
- How else can you build your child's reading skills through TALK?
 - Try these questions taken from different TalkOn age groups this week!
 - ◆ Let's make up the name of a sports team where one word is a color and the other an animal, and both have the same beginning sound. I'll go first. Purple Puppies! Can you think of one, or can we think of more together?
 - ◆ The **defense** in soccer and other sports are the players who defend the goal so the other team doesn't score. What if teams didn't have players on defense and everyone on the team just focused on **scoring goals**? Could that work?
 - Everyone needs to exercise to be healthy. Would you rather play a team sport or do something on your own that isn't organized, like jumping rope or riding a bike or going for a run?

